

# Ronald Goldman, PhD

## Origins and Prevention of Emotional and Behavioral Problems

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**Ronald Goldman, PhD** is a psychologist, speaker, researcher, consultant, and Director of the Early Trauma Prevention Center which educates the public and professionals. His work includes hundreds of contacts with parents, children, and medical and mental health professionals.

Dr. Goldman's publications have been endorsed by dozens of professionals in mental health, medicine, and social science. His writing has appeared in newspapers, parenting publications, symposia proceedings, textbooks, and professional journals. He has participated in over 200 media interviews. Programs have been presented to professionals, universities, conferences, organizations, nonprofits, civic and government groups, and others.

**The perspective of Dr. Goldman's work** is that the U.S. has many personal, social, and political problems such as emotional and behavioral disorders, alienation, distorted values, lack of empathy and compassion, focusing on self-interest while ignoring common interest, antisocial behavior, and violence.

Progress on our problems is limited because we generally only attempt to *treat or correct them and avoid learning how to PREVENT them*. There is substantial evidence that the origin of our problems is connected with infant experience. Our widespread lack of satisfying infants' biological and psychological needs starting with birth results in unrecognized traumas of commission and omission. In addition, conformity and mistaken cultural beliefs about infants play a powerful role in perpetuating these traumas. *American culture has changed, but the vital needs of infants have not changed.*

"This was an **amazing presentation** about things that I had not known about before. Very eye-opening! **Our beliefs and practices need to change.**"

—Robert Eaton, management consultant

"It was one of the **most interesting** lectures I have attended. Dr. Goldman was very well organized and thought-provoking. I would **recommend this presentation as widely as possible.**"

—Arthur Berney, retired professor

**Topics include** *Overlooked Beginnings of Racism, Prevent Violence by Confronting Its Origins, Unrecognized Roots of Political Behavior, and The Needless Source of Our Mental Health Problems.*

**Dr. Goldman guides audiences to** realize the importance of questioning cultural beliefs, feel more compassion for themselves and others, be inspired to take action that can make a difference, enrich life with more meaning and purpose, and learn specific principles that can improve the quality of life for family, friends, and society.